



TRUST IN THE LORD

Proverbs 3:5&6 [ESV]

“Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.”

Scripture Study

As you go through life, no matter what happens, no matter what you go through, know that you can always trust in the Lord. The Psalmist said that *happy* is the person who trusts in the Lord. *The Lord* created everything, He knows everything, He is the wisest of all, and He knows what is best for us. When faced with decisions, or whatever you go through, remember, *do not trust in your own understanding – trust in the Lord*. We don't always know what is best for us and we can easily lead ourselves astray. Lean on the Lord, because He is the one who know everything, and He is the One who can make your path straight.

Review Questions

What is it the Psalmist said we will be when we trust in the Lord?

Who knows what is best for us?

What is it that we should remember as we go through life?

Suggested Prayer

Lord, thank you for the blessing of being able to trust in you and not having to rely on our own understanding. Please help us to trust in you and to lean on you, even when we might be tempted not to. In Jesus name, amen.